

Resource Tool for the State Plan Index


National Forum for Heart Disease and Stroke Prevention, Public Health Leadership and Partnership Implementation Group

- The **Resource Tool** of the State Plan Index provides a compilation of documents, web links, items, etc. that can be used to evaluate or develop state plans.
- This **Resource Tool** is divided into three categories for easy usability. These resource categories are: **General, Workplace, and Healthcare.**
- Link to full article on State Wide Plan Index: http://www.cdc.gov/pcd/issues/2005/apr/04_0089.htm

Table 1: General Resources for the SPI

<i>Overall Component</i>	<i>Resource</i>	<i>Description</i>	<i>Source</i>
Involvement of Stakeholders			
	<i>Community Problem Solving</i>	Tools for organizing, planning, implementing, learning, and negotiating in community partnerships	http://community-problem-solving.net/cms/
	<i>Partnership Self-Assessment Tool</i>	Online tool that gives a partnership a new way to assess how well collaborative process is working and to identify specific areas for partners	New York Academy of Medicine, Center for Collaborative Strategies in Health: http://www.partnershiptool.net/

		to focus on to make the process work better	
	<i>Center for Participatory Change: The Toolbox</i>	Basic tools to assist in community development, from how to be a community organizer, to forming a nonprofit organization, to writing grants	Center for Participatory Change, North Carolina: http://www.cpcwnc.org/toolbox.html
	<i>Fostering Wellness Leadership</i>	This special report presents an approach to management support of health promotion programs. Healthyculture.com also includes an instrument to measure health promotion program leadership support within a company.	http://www.healthyculture.com/Articles/WellnessLeadership.htm
	<i>Collaboration: What Makes it Work</i>	A review of research literature on factors influencing successful collaboration	Wilder Publishing Center www.wilder.org/pubs 800-274-6024
	<i>Additional Sources for this Content</i>	Additional sources related to the involvement of stakeholders in a state plan	The Wilder Foundation assessment inventory: http://surveys.wilder.org/public_cfi/index.php Community Toolbox at the University of Kansas: http://ctb.ku.edu/tools/en/sub_section_main_1048.htm

			<p>Evaluating Collaboratives, University of Wisconsin Cooperative Extension. http://cecommerce.uwex.edu/pdfs/G3658_8.PDF</p> <p>Partnership Assessment Tools; http://www.coalitioninstitute.org/Coalition Assessment Tools.htm</p> <p>Free Management Library http://www.managementhelp.org/</p> <p>We need an example state plan link or two. Certainly check with Kathy Foell E-mail Kathy.Foell@state.ma.us</p> <p>Collaboration Tips http://www.ecsso.org/publications/details.cfm?PublicationID=239</p> <p> Collaboration Tips.pdf</p>
<p>Presentation of Data on Disease Burden and Existing Efforts in Heart Disease and Stroke</p>	<p><i>Morbidity and Mortality Chartbook</i></p>	<p>Biennial compilation of data on rates and trends of morbidity and mortality from cardiovascular, lung, and blood diseases</p> <p>Describes national prevalence,</p>	<p>US Department of Health and Human Services, National Institutes of Health, Heart, Lung, and Blood Institute:</p> <p>http://www.nhlbi.nih.gov/resources/docs/cht-book.htm</p>

		<p>hospitalizations, and mortality statistics, and additional information by state or country</p> <p>Includes risk factor prevalence and estimates of economic costs of these diseases</p>	
	<i>Statistical Resources From the AHA</i>	<p>Annual statistical updates, fact sheets, and presentations documenting burden of heart disease and stroke</p> <p>Useful for assessment</p>	http://www.americanheart.org/presenter.jhtml?identifier=1200026
	<i>DATA2010</i>	<p>Interactive database system that provides current health data for monitoring the health of nation</p>	US Department of Health and Human Services, Centers for Disease Control and Prevention: http://wonder.cdc.gov/data2010/
	<i>Atlases of Heart Disease and Stroke Mortality Among Women and Men</i>	<p>Interactive maps presenting heart disease and stroke mortality rates, county by county, by state, racial/ethnic group, and sex</p> <p>Additional statistical reports available at this</p>	US Department of Health and Human Services, Centers for Disease Control and Prevention: http://www.cdc.gov/cvh

		site	
	<i>Additional Sources Related to this Content</i>		<p>US Department of Health and Human Services, Centers for Disease Control and Prevention, Division for Heart Disease and Stroke Prevention: http://www.cdc.gov/dhdsp/index.htm</p> <p>US Department of Health and Human Services, Centers for Disease Control and Prevention, Division for Heart Disease and Stroke Prevention: http://www.cdc.gov/dhdsp/index.htm</p> <p>US Department of Health and Human Services, Centers for Disease Control and Prevention, Division for Heart Disease and Stroke Prevention: http://www.cdc.gov/dhdsp/index.htm</p>
Goals	<i>Healthy People 2010 Volumes I and II</i>	National disease prevention and health promotion initiative providing measurable objectives communities can use for designing, implementing, and assessing activities related to heart disease and stroke, tobacco use, physical activity and fitness, nutrition and overweight, diabetes, and 23 other areas	US Department of Health and Human Services: http://www.healthypeople.gov
	<i>Tracking Healthy People 2010</i>	Presentation of methods, measures, technical	US Department of Health and Human Services: http://www.healthypeople.gov/Document/tableofcontents.htm#tr

		information, and data sources to monitor health status of nation and track objectives in <i>Healthy People 2010</i> for heart health and stroke prevention, including related objectives for diabetes, physical activity, and nutrition.	acking
	<i>Healthy People in Healthy Communities: Guide for Community Leaders</i>	Guide for building community coalitions, creating a vision, measuring results, and creating partnerships dedicated to improving community health; includes section on Strategies for Success to help start community activities	US Department of Health and Human Services: http://www.healthypeople.gov/Publications/HealthyCommunities2001/default.htm
	<i>Guidelines for Primary Prevention of Atherosclerotic Cardiovascular Disease Beginning in Childhood</i>	"...[P]ractical approach to cardiovascular health promotion and identification and management of known risk factors for cardiovascular disease in children and young adults"	AHA: http://www.circ.ahajournals.org/cgi/content/full/107/11/1562

	<i>Guidelines for Primary Prevention of Cardiovascular Disease and Stroke: 2002 Update</i>	"...[I]ntended to assist primary care providers in their assessment, management, and follow-up of patients who may be at risk for but who have not yet manifested cardiovascular disease'	AHA: http://circ.ahajournals.org/cgi/content/full/106/3/388
Objectives			
	<i>American Library Suggestions: Writing SMART Objectives</i>		http://www.ala.org/ala/acrlbucket/is/organizationacrl/planningacrl/smartobjectives/suggestionswriting.htm
Selecting Population(s) and Strategies for Intervention			
	<i>StairWELL for Better Health: A</i>	Worksite Intervention	www.cdc.gov/nccdphp/dnpa/stairwell/index.htm
	<i>Worksite Walkability:</i>	Worksite Intervention	www.cdc.gov/nccdphp/dnpa/walkability/index.htm
	<i>Guidance on Healthier Food at Meetings:</i>	Worksite Intervention	www.cdc.gov/nccdphp/dnpa/pdf/Healthy_Worksite_Food.pdf

Integration of Strategies with a Public Health Framework, Other Programs and Implementation of Plan			
	<i>A Public Health Action Plan to Prevent Heart Disease and Stroke</i>	National plan for preventing heart disease and stroke with an action framework useful for communities and 22 recommendations of the resources needed successful prevention initiatives	US Department and Health and Human Services: http://www.cdc.gov/cvh/
	<i>Guide to Community Preventive Services</i>	Recommendations on population-based and public health interventions implemented in community setting Reviews of evidence, costs, applicability, and barriers to implementation of community-based prevention initiatives	US Task Force for Community Preventive Services: http://www.thecommunityguide.org
	<i>Promising Practices in Chronic Disease</i>	Review of the rationale, infrastructure, strategies,	US Department and Health and Human Services, Centers for Disease Control and Prevention:

	<i>Prevention and Control, Chapter 3: Achieving a Heart Healthy and Stroke-Free Nation</i>	and progress of national Heart Disease and Stroke Prevention Program	http://www.cdc.gov/nccdphp/promising_practices/pdfs/Heart.pdf
	<i>Recommendations for Integration of Chronic Disease Programs: Are Your Programs Linked?</i>	E-journal essay on integration	http://www.cdc.gov/pcd/issues/2007/apr/06_0163.htm
	<i>Program Integration Resources</i>	Resources from NACDD	http://www.chronicdisease.org/i4a/pages/index.cfm?pageid=3298
	<i>Program adaptation guidelines for research-tested intervention programs (RTIPs)</i>	Simple guide for choosing and adapting prevention programs tested by research in other populations	US Department of Health and Human Services, National Institutes of Health, National Cancer Institute: http://cancercontrol.cancer.gov/rtips/adaptation_guidelines.pdf
	<i>Intervening on the social determinants of cardiovascular disease and diabetes.</i>	Two articles on health disparities	Am J Prev Med. 2005 Dec;29(5 Suppl 1):18-24. Looking through a glass, darkly: eliminating health disparities. <i>Preventing Chronic Disease.</i> 2006 Jul;3(3):A72. E-publication (Leandris Liburd, Wayne Giles, George Mensah)
	<i>Chronic Disease Prevention Action Planning Handbook</i>	This handbook describes a process for engaging chronic disease programs	www.prevent.org/images/stories/action_planning_handbook.pdf

		to integrate work.	
Resource Development			
	<i>Consultants</i>	Many of these groups are consultants, special interest groups, or geared toward a state or community.	http://www.crdnet.org/ http://www.fordfound.org/program/community.cfm http://www.foundations.org/page2.html
	<i>Partnership for Prevention</i>	Partnership for Prevention is a national nonprofit, nonpartisan organization dedicated to improving people's health by preventing disease and injury. Partnership for Prevention's science-based policy tools and recommendations leverage America's investments in disease and injury prevention to ensure that they make the greatest impact.	www.prevent.org
	<i>National Center for Health Education</i>	The National Center for Health Education (NCHE) provides access to health education resources and current news. NCHE conducts programs and initiatives	www.nche.org

		in advocacy, information exchange, technical assistance, and research and evaluation—all focused on improving the health of Americans.	
	<i>National Stroke Association</i>	The National Stroke Association (NSA) provides national expertise and leadership for those at risk for, or recovering from this devastating condition. NSA is working to push stroke to the top of the national health agenda and to create greater awareness of stroke prevention measures. Local NSA chapters in communities across the country are helping people understand the urgency of symptom recognition and teaching them how to respond.	www.stroke.org
	<i>American Stroke Association</i>	The American Stroke Association is a division of the American Heart Association that is solely focused on reducing disability and death from	www.strokeassociation.org

		stroke through research, education, fundraising, and advocacy. The association develops and supports programs, products, and services that help fight stroke along the full continuum of care.	
	<i>American Heart Association</i>	The American Heart Association is a national voluntary health agency whose mission is to reduce disability and death from cardiovascular diseases and stroke. The AHA website offers consumer health information on preventing and managing heart disease and stroke.	<u>http://americanheart.org</u>
	<i>American Red Cross</i>	The American Red Cross is a nationwide network of nearly 900 field units dedicated to saving lives and helping people prevent, prepare for, and respond to emergencies. The American Red Cross is the largest supplier of	<u>http://www.redcross.org</u>

		<p>blood and blood products to more than 3,000 hospitals across the nation; it also assists victims of international disasters and conflicts at locations worldwide. The organization offers courses on how to administer cardio-pulmonary resuscitation and how to use automated external defibrillators.</p>	
	<p><i>U.S. Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion</i></p>	<p>The National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP) provides national leadership in health promotion and chronic disease prevention by conducting public health surveillance, epidemiologic studies, and behavioral interventions; by disseminating guidelines and recommendations; and by assisting state health and education agencies to increase their capacity to prevent</p>	<p>www.cdc.gov/nccdphp</p>

		chronic diseases and promote healthful behaviors.	
	<i>U.S. Centers for Disease Control and Prevention, Division for Heart Disease and Stroke Prevention</i>	The mission of the CDC's Division for Heart Disease and Stroke Prevention is to provide public health leadership to improve cardiovascular health for, and reduce the burden of cardiovascular disease, and eliminate disparities associated with heart disease and stroke. This Division's website offers statistical information regarding cardiovascular health, fact sheets, and journal publications and references. It also provides information on heart disease and stroke activities of state health departments.	www.cdc.gov/dhdsp
	<i>U.S. Centers for Disease Control and Prevention, Division of Nutrition and</i>	CDC's Division of Nutrition and Physical Activity (DNPA) takes a public health approach to addressing the role of	www.cdc.gov/nccdphp/dnpa

	<i>Physical Activity</i>	nutrition and physical activity in improving the public's health and preventing and controlling chronic diseases. The scope of DNPA activities includes epidemiological and behavioral research, surveillance, training and education, intervention development, health promotion and leadership, policy and environmental change, communication and social marketing, and partnership development.	
	<i>U.S. Centers for Disease Control and Prevention, Office of Smoking and Health</i>	CDC website on smoking and health	http://www.cdc.gov/tobacco/
	<i>U.S. Centers for Disease Control and Prevention, Division of Diabetes Translation</i>	CDC website on diabetes translation	http://www.cdc.gov/diabetes/about/index.htm
	<i>National Institutes of Health, National Heart, Lung, and</i>	The National Heart, Lung, and Blood Institute offers information on health grants and funding,	www.nhlbi.nih.gov

	<i>Blood Institute</i>	current news and events pertaining to scientific research, and education pertaining to cardiovascular and circulatory health issues.	
	<i>National Institutes of Health, National Institute of Neurological Disorders and Stroke</i>	The mission of the National Institute of Neurological Disorders and Stroke (NINDS) is to reduce the burden of neurological disease—a burden borne by every age group, every segment of society, and by people all over the world. To support this mission, NINDS conducts, fosters, coordinates, and guides research on the causes, prevention, diagnosis, and treatment of neurological disorders and stroke and supports basic research in related scientific areas.	www.ninds.nih.gov
	<i>The seventh report of the Joint National Committee on Prevention,</i>		Available at: http://www.nhlbi.nih.gov/guidelines/hypertension/jncintro.htm Chobanian AV, Bakris GL, Black HR, et al.

	<p><i>Detection, Evaluation, and Treatment of High Blood Pressure (the JNC-7 Report).</i> <i>JAMA</i> 2003;289(19):2560-2572.</p>		
	<p><i>Executive summary of the third report of the National Cholesterol Education Program Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol.</i></p>		<p>Available at: http://www.nhlbi.nih.gov/guidelines/cholesterol/ National Heart, Lung, and Blood Institute. <i>JAMA</i> 2001;285:2486-2497.</p>
	<p><i>American Heart Association guidelines for primary prevention of cardiovascular disease and stroke (2002 update): consensus panel guide to comprehensive risk reduction for adult patients without</i></p>		<p>Available at: http://circ.ahajournals.org/cgi/content/full/circulationaha;106/3/388 Pearson TA, Blair SN, Daniels SR, et al. <i>Circulation</i> 2002;106:388-391.</p>

	<i>coronary or other atherosclerotic vascular diseases.</i>		
	<i>AHA/ACC guidelines for preventing heart attack and death in patients with atherosclerotic cardiovascular disease (2001 update): a statement for healthcare professionals from the American Heart Association and the American College of Cardiology.</i>		<p>Available at: http://www.acc.org/clinical/guidelines/atherosclerosis/atherosclerosis_pdf.pdf</p> <p>Smith SC, Jr., Blair SN, Benow RO, et al. <i>Circulation</i> 2001;104:1577-1579.</p>
	<i>Guide to Clinical Preventive Services 2005.</i>		<p>Available at: http://www.ahrq.gov/clinic/pocketgd.htm; please also see updates, posted at www.ahrq.gov/clinic/prevnew.htm</p> <p>U.S. Preventive Services Task Force. McLean, Virginia: International Medical Publishing; 2005.</p>
Evaluation			

	<i>Kellogg Logic Model Development Guide</i>	Guide to developing simple and complex logic models for planning and evaluating community health promotion initiatives	W.K. Kellogg Foundation: http://www.wkcf.org/Pubs/Tools/Evaluation/Pub3669.pdf
	<i>DHDSP Developing an Evaluation Plan</i>		http://www.cdc.gov/dhdsp/state_program/evaluation_guides/pdfs/evaluation_plan.pdf
	<i>Introduction to Program Evaluation</i>		http://www.cdc.gov/nchstp/tb/Program_Evaluation/Guide/Webinar/Eval_101_1_AP22.ppt
	<i>CDC Division for Heart Disease and Stroke Prevention</i>	It provides several evaluation resources.	http://www.cdc.gov/dhdsp/state_program/evaluation_guides/evaluation_plan.htm
			CDC's Evaluation Guides for Heart Disease and Stroke Prevention http://www.cdc.gov/dhdsp/state_program/evaluation_guides/index.htm

Table 2: Resources Related to the Workplace

Overall Component	Resources	Description	Sources
Involvement of Stakeholders			
	<i>CDC's Successful Strategies to Prevent Heart Disease and Stroke Prevention (HDSP) Toolkit and Trainings</i>	This toolkit is intended to assist states in conducting macromarketing efforts that engage employers and employer groups in providing effective worksite health promotion programs and health benefits and services to reduce employees' risks for heart disease and stroke.	Successful Business Strategies to Prevent Heart Disease and Stroke Toolkit http://www.cdc.gov/dhdsp/library/toolkit/index.htm
	<i>Heart Healthy and Stroke Safe: The Business Case for Cardiovascular Health</i>	This issue brief summarizes information presented during a business consultation with the National Business Group on Health (NBGH) and the CDC	www.businessgrouphealth.org/prevention/heart.cfm
Presentation of Data on Disease Burden and Existing Efforts in Heart Disease and Stroke			

	<p><i>Leading by Example: Creating a High Performance, Less Costly Workforce</i></p>	<p>This simple fold-out brochure highlights soaring health care costs, the hidden cost of poor health, the business case for investing in health promotion, and a simple survey: How Does Our Organization Measure Up?</p>	<p>http://www.prevent.org E-mail: LBE@prevent.org 202-833-0009, ext. 112</p>
	<p><i>Leading By Example</i></p>	<p>This short tool can help assess an organization's overall support for and interest in worksite health promotion.</p>	<p>Ron Z. Goetzel, Ph.D., Director Institute for Health and Productivity Studies Cornell University Institute for Policy Research Vice President, Consulting and Applied Research Medstat ron.goetzel@thomson.com</p>
	<p><i>Health and Productivity Management Assessment Tool</i></p>	<p>This simple tool can help to assess a company's leadership readiness to invest in worksite health promotion. It aims to gather information on an organization's group health and EAP programs, scheduled work days, and absenteeism, health promotion demand and disease management, employee attitude survey participation and morale, and employment costs</p>	<p>Ron Z. Goetzel, Ph.D., Director Institute for Health and Productivity Studies Cornell University Institute for Policy Research Vice President, Consulting and Applied Research Medstat ron.goetzel@thomson.com</p>

		and turnover.	
	<i>Wellness Councils of America (WELCOA) Seven Benchmarks of Success: Collecting Data to Drive Your Health Efforts</i>	WELCOA has developed seven basic steps for creating an effective worksite health promotion. The third step is Collecting Data to Drive Your Health Efforts. Information is provided on how to gather data on what a business needs to out of its health promotion efforts and what employees want.	http://www.welcoa.org/wellworkplace/index.php?category=2
	<i>Employee Needs And Interest Surveys</i>	Samples of two employee needs and interests surveys that companies can adapt and use when assessing their employees health promotion program interests and needs.	http://www.welcoa.org/freeresources/pdf/ni_survey.pdf http://www.welcoa.org/freeresources/pdf/dc_allegheeny_needs.pdf
	<i>Heart Check: Assessing Worksite Support for a Heart Healthy Lifestyle</i>	This tool helps employers and worksites to assess their support for a heart healthy lifestyle. The support is assessed on the basis of worksite wellness programs, worksite	http://www.health.state.ny.us/nysdoh/heart/healthy/heartcheck.pdf

		environment, and administrative support. Heartcheck Lite and HeartStroke Check instruments will be available in 2007.	
	<i>Checklist of Health Promotion Environments at Worksites (CHEW): Development and Measurement Characteristics</i>	This article presents data related to the Checklist of Health Promotion Environments at Worksites (CHEW). CHEW is a direct observation instrument for assessing characteristics of the worksite environment known to influence health related behaviors. Three domains are assessed: 1) physical characteristics of the worksite, 2) feature of the information environment, and 3) characteristics of the immediate neighborhood around the workplace. 20 worksites are included.	Checklist of Health Promotion Environments at Worksites (CHEW). <i>Am J Health Promot.</i> 16 (5), 288–299. http://www.healthpromotionjournal.com/
	<i>Evaluating Health Plans Benefits and Services to Promote Cardiovascular</i>	A checklist to help employers choose and negotiate a health benefits package that fits their business and workforce.	Successful Business Strategies to Prevent Heart Disease and Stroke Toolkit http://www.cdc.gov/dhdsp/library/toolkit/index.htm

	<i>Health and Prevent Heart Disease and Stroke</i>		
	<i>eValue8</i>	A Web-based tool to help organizations evaluate their health benefits and improve health care services. eValue8 uses standardized questions to gather vendor-specific health care information. The information is analyzed using an automated scoring system that is based on best practice standards.	http://www.evalue8.org/eValue8/
	<i>Purchaser's Guide to Clinical Preventive Services: Moving Science into Coverage</i>	The <i>Purchaser's Guide</i> translates clinical guidelines and medical evidence into information employers need when they purchase preventive health benefits.	http://www.businessgrouphealth.org/prevention/purchasers/index.cfm
	<i>Health and Productivity Connection Questionnaire</i>	A short health and productivity survey instrument developed to help companies to assess how employees feel about health and productivity.	http://www.welcoa.org/freeresources/pdf/hp_connection_questionnaire.pdf
	<i>CDC Healthier Worksite Initiative: Checklist for</i>	As part of the CDC Healthier Worksite Initiative, a checklist for	http://www.cdc.gov/nccdphp/dnpa/hwi/program_design/HRA_checklist.pdf

	<i>Planning Employee Health Risk Appraisal (HRA) Implementation</i>	planning HRA implementation was developed. The tool helps employers to consider such HRA planning and implementation issues as administration, vendor selection, HRA tool selection, and staffing.	
Goals			
Objectives			
	<i>Healthy Workforce 2010: An Essential Health Promotion Sourcebook for Employers, Large and Small</i>	This resource book helps employers understand why they should invest in comprehensive employee health benefits and services, discusses the <i>Healthy People 2010</i> objectives that focus on employers, and provides resources to help companies start a comprehensive health program.	Partnerships for a Healthy Workforce www.prevent.org/phw.htm

Selecting Population(s) and Strategies for Intervention			
	<i>Reducing the Risk of Heart Disease and Stroke: A Six-Step Guide for Employers</i>	A handout that allows users to make the case to employers for investing in comprehensive heart disease and stroke prevention programs and services. It includes information about promising employer practices and effective interventions.	Successful Business Strategies to Prevent Heart Disease and Stroke Toolkit http://www.cdc.gov/dhdsp/library/toolkit/index.htm
	<i>Checklist for Selecting Health Promotion Vendors</i>	This checklist can help employers in selecting disease management firms or other health promotion consultants. Topics include vendor experience, product quality, product service and customer satisfaction, technological capabilities, evaluation and reporting and cost.	http://www.welcoa.org/freeresources/pdf/vendor_checklist.pdf
	<i>C. Everett Koop National Health Awards</i>	The Health Project is a private-public organization dedicated to making critical changes	http://healthproject.stanford.edu

	<i>(The Health Project)</i>	in the U.S. health care system to encourage better health behavior and improved use of health care services. The goal is to improve health care outcomes throughout the country.	
Integration of Strategies with a Public Health Framework, Other Programs and Implementation of Plan			
	<i>Improving Health, Improving Business: the Employer's Guide to Health Improvement and Preventive Services</i>	The <i>Employer's Guide to Health Improvement and Preventive Services</i> provides guidance on the development and implementation of prevention and health promotion programs. It also translates research evidence on clinical preventive services into business language.	http://www.businessgrouphealth.org/services/index.cfm
	<i>Health Promotion in the Workplace</i>	A Comprehensive book on health promotion program management, strategies, and interventions	http://www.DelmarNursing.com

	<i>An Employer's Guide to Behavioral Health Services: A Roadmap and Recommendations for Evaluating, Designing, and Implementing Behavioral Health Services</i>	This guide outlines the strategies and recommendations employers can use to create a system of affordable and effective behavioral health services for their employees.	http://www.businessgrouphealth.org/prevention/et_behavioralhealthreport.cfm
	<i>The Platinum Book: Practical Applications of the Health and Productivity Management Model</i>	This book provides insights on how to implement the Institute's health and productivity management model, and concretely measure outcomes with leading-edge metrics.	http://www.ihpm.org/publications/
	<i>CDC Healthier Worksite Initiative: Program Design</i>	This Web site is designed to give federal and state governmental worksite health program planners ideas and tools to use in their wellness programs. This section of the Web site provides publications, logic models, and funding opportunities to plan worksite wellness programs.	http://www.cdc.gov/nccdphp/dnpa/hwi/program_design/index.htm#Planning

Resource Development			
	<i>ConnectiFIT</i>	<p>The State of Connecticut Department of Public Health (DPH) and University of Connecticut Department of Health Promotion developed ConnectiFIT, a comprehensive health and wellness program for DPH employees. ConnectiFIT is a worksite health and wellness program designed to provide health awareness, lifestyle, and environmental change programming that is targeted to improve the health of DPH employees.</p>	<p>State of Connecticut Department of Public Health and University of Connecticut Department of Health Promotion www.connectifit.uconn.edu</p>
	<i>Diabetes At Work</i>	<p>This online resource tool developed by the National Diabetes Education Program provides information to help employers assess the impact of diabetes in the</p>	<p>National Diabetes Education Program www.diabetesatwork.org</p>

		workplace. It provides easy-to-understand information on the link between heart disease and diabetes, as well as guidance on how employers can help employees manage their diabetes and take steps toward reducing the risk of diabetes-related complications such as heart disease. Some materials are also available in Spanish.	
	<i>Employer's Guide to Health Improvement and Preventive Services</i>	This online guide provides employers with information on prevention and health promotion programs, as well as easy-to-understand information on the effectiveness of clinical preventive services such as screenings, counseling, and immunizations.	National Business Group on Health www.businessgrouphealth.org
	<i>Good Work! Resource Kit: Linking Health to</i>	This online resource kit provides tools for Maine employers to improve	Healthy Maine Partnerships Maine Cardiovascular Health Program, Bureau of Health, Maine Department of Human Resources

	<p><i>the Bottom Line (Cost-Effective Strategies for a Healthier Workplace)</i></p>	<p>employee health. The kit includes information on the link between healthy work environments and a business's bottom line, key elements of successful worksite wellness programs, and cardiovascular health program strategies used by large and small Maine employers.</p>	<p>http://www.healthymainepartnerships.org/mcvhp2.html</p>
	<p><i>Heart At Work</i></p>	<p>This online health-promotion program includes awareness, education, and behavior change activities focusing on blood pressure, physical activity, nutrition, stress management, smoking avoidance, risk assessment, and signs and symptoms of heart disease. For each type of activity, the program provides all the tools needed to make implementation fun and easy, including step-by-step guidelines for conducting events, challenges, assessments,</p>	<p>American Heart Association http://216.185.102.50/haw/</p>

		quizzes, and seminars.	
	<u><i>Heart Healthy and Stroke Safe: The Business Case for Cardiovascular Health</i></u>	The NBGH held a consultation, Heart Healthy and Stroke Safe: The Business Case for Cardiovascular Health, with business and health leaders. The Centers for Disease Control and Prevention sponsored the event, which was held on March 19, 2003, in Washington, DC. The online issue brief summarizes information and key issues presented during this business consultation.	National Business Group on Health <u>www.businessgrouphealth.org/prevention/heart.cfm</u>
	<i>National Business Coalition on Health</i>	The National Business Coalition on Health provides expertise, resources, and a voice to its member coalitions across the country and represents each community coalition at the national level. As a “coalition of coalitions,” the National Business Coalition on Health spreads the tenets and practical applications of	www.nbch.org

		community health reform to areas where employers have yet to organize their purchasing power.	
	<i>National Business Group on Health</i>	The National Business Group on Health—formerly the Washington Business Group on Health—represents 186 large employers and is the nation’s only nonprofit organization devoted exclusively to finding innovative and forward-thinking solutions to the nation’s most important health care and related benefits issues. The group also supports its members in the areas of disability, health and productivity, health-related paid time off, and work/life balance issues.	www.businessgrouphealth.org
	<i>Wellness Councils of America</i>	The Wellness Councils of America (WELCOA) is a national nonprofit membership organization	<i>www.welcoa.org</i>

		dedicated to promoting healthier lifestyles for all Americans, especially through health promotion initiatives at the worksite. WELCOA links communities and coalitions into a supportive network that includes locally affiliated Wellness Councils, Well City initiatives, Well Workplaces, and individual and corporate members throughout the United States.	
Evaluation			
	<i>Meta-Evaluation of Worksite Health Promotion Economic Return Studies</i>	The article assesses the overall validity of forty-two studies on health promotion and wellness programs in workplace settings.	https://www.summex.com/smx/article1.htm
	<i>Wellness Councils of America (WELCOA) Seven Benchmarks of Success: Consistently</i>	WELCOA has developed seven basic steps for creating an effective worksite health promotion program. The seventh step is	http://www.welcoa.org/wellworkplace/index.php?category=2

	<i>Evaluating Outcomes</i>	Consistently Evaluating Outcomes. Topics addressed include the benefits of evaluation, preparing for evaluation activities, and identifying what aspects of a worksite health promotion program can be evaluated.	
	Program Evaluation: A Key to Wellness Program Survival	This book provides practical advice on how to plan and implement worksite program evaluations. This book includes many examples, worksheets and tips.	Available from Summex Corporation, Seattle, WA, (206) 364-3448
	Worksite Wellness Inventories	These two instruments help employers to assess current health promotion programs and activities. They can serve as both baseline measures and post-program evaluation instruments to help determine potential worksite policy and environmental changes and assess improvements.	Teresa Titus-Howard, VP of Mid-America Coalition on Health Care 816-753-0654, ttitus-howard@machc.org.
	<i>CDC Healthier Worksite Initiative:</i>	This Web site is designed to give federal and state	http://www.cdc.gov/eval/framework.htm

	<i>Evaluation Resources</i>	governmental worksite health program planners ideas and tools to use in their wellness programs. It provides publications, logic models, and funding opportunities to plan worksite wellness programs.	
	<i>eValue8</i>	eValue8 is an Internet-based tool to help organizations evaluate their benefits programs and improve health care. eValue8 uses standardized questions to gather vendor-specific health care information. The information is analyzed using an automated scoring system that is based on best practice standards.	National Business Coalition on Health http://www.evaluate8.org/eValue8/
	<i>Heart Check: Assessing Worksite Support for a Heart Healthy Lifestyle</i>	This tool, which has been scientifically validated, assesses a company’s worksite environmental supports, resources, and policies that encourage and reinforce heart-healthy	New York State Department of Health, Heart Healthy Program http://www.health.state.ny.us/nysdoh/heart/healthy/heartcheck.pdf

		behaviors among employees.	
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Table 3: Resources Related to Healthcare

<i>Overall Component</i>	<i>Resources</i>	<i>Descriptions</i>	<i>Sources</i>
Presentation of Data on Disease Burden and Existing Efforts in Heart Disease and Stroke			

	<i>eValue8</i>	A Web-based tool to help organizations evaluate their health benefits and improve health care services. eValue8 uses standardized questions to gather vendor-specific health care information. The information is analyzed using an automated scoring system that is based on best practice standards.	http://www.evalue8.org/eValue8/
	<i>Purchaser's Guide to Clinical Preventive Services: Moving Science into Coverage</i>	The <i>Purchaser's Guide</i> translates clinical guidelines and medical evidence into information employers need when they purchase preventive health benefits.	http://www.businessgrouphealth.org/prevention/purchasers/index.cfm
	<i>Health Plan Employer Data Information Set</i>	The Health Plan Employer Data Information Set (HEDIS) is a set of standardized performance measures that purchasers and consumers can use to reliably compare the performance of managed health care plans.	National Committee for Quality Assurance http://www.ncqa.org/Programs/HEDIS/
	The State of Health	<i>The State of Health Care Quality: 2004</i> report is	National Committee for Quality Assurance (NCQA) http://www.ncqa.org

	Care Quality: 2004 Report	NCQA's eighth annual assessment and interpretation of key trends in the health care industry and their effect on the nation's overall health. This edition is based on data collected for Quality Compass, NCQA's database of managed-care information, and on NCQA's accreditation and recognition programs.	
Goals			
	<i>Get With the Guidelines</i>	Premier hospital-based quality-improvement programs: JNC 7	AHA: http://www.americanheart.org/presenter.jhtml?identifier=1165
Integration of Strategies with a Public Health Framework, Other Programs and Implementation of Plan			
	<i>Heart/Stroke Recognition Program</i>	This program provides training to physicians who provide services to people who have heart disease or	American Heart Association/American Stroke Association and NCQA. www.ncqa.org/hsrp/

		who have had a stroke, and recognizes physicians who meet quality of care standards in this area.	
Resource Development			
	<i>Alliance of Community Health Plans</i>	The Alliance of Community Health Plans (ACHP) brings together innovative, not-for-profit or provider-sponsored health plans and provider organizations to identify problems, share best practices, and collaborate on solutions to improve health care quality. Its mission is to promote the highest standards of health care quality and health improvement through collaborative learning, innovation, and advocacy.	www.achp.org
	<i>America's Health Insurance Plans</i>	America's Health Insurance Plans is a national association representing nearly 1,300	www.ahip.org

		<p>members that provide health benefits to more than 200 million Americans. Its mission is to provide a unified voice for the health care financing industry; to expand access to high-quality, cost-effective health care to all Americans; and to ensure Americans' financial security through robust insurance markets, product flexibility and innovation, and an abundance of consumer choices.</p>	
	<p><i>National Committee for Quality Assurance (NCQA)</i></p>	<p>NCQA's mission is to improve health care quality everywhere. NCQA evaluates health care through (1) accreditation (a rigorous onsite review of key clinical and administrative processes), (2) HEDIS (a tool used to measure performance in key areas like immunization and mammography screening</p>	<p>www.ncqa.org</p>

		rates; see above for more information), and (3) a comprehensive member satisfaction survey.	
	<i>Agency for Healthcare Research and Quality</i>	The mission of the Agency for Healthcare Research and Quality (AHRQ) is to support research designed to improve the quality, safety, efficiency, and effectiveness of health care for all Americans. AHRQ sponsors and conducts research that provides evidence-based information on health care outcomes and health services quality and cost, use, and access.	www.ahrq.gov/consumer/
	<i>Additional Sources Related to this Content</i>	ATP III Get With the Guidelines (GWTGs) HRSA: The Care Model Bureau of Primary Health Care Health Disparities Collaboratives	Joint National Committee on the Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 7) http://www.nhlbi.nih.gov/guidelines/hypertension/ Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III) http://www.nhlbi.nih.gov/guidelines/cholesterol/index.ht http://www.improvingchroniccare.org/change/model/component

			<p>s.html</p> <p>http://bphc.hrsa.gov/quality/Collaboratives.htm</p> <p>US Department of Health and Human Services, Centers for Disease Control and Prevention, Division for Heart Disease and Stroke Prevention:</p> <p>http://www.cdc.gov/dhdsp/library/action_plan/index.htm</p>
Evaluation			
	<p><i>Evaluating Health Plans Benefits and Services to Promote Cardiovascular Health and Prevent Heart Disease and Stroke</i></p>	<p>A checklist to help employers choose and negotiate a health benefits package that fits their business and workforce.</p>	<p>Successful Business Strategies to Prevent Heart Disease and Stroke Toolkit</p> <p>http://www.cdc.gov/dhdsp/library/toolkit/index.htm</p>

	<i>Primary Stroke Center Certification Program</i>	The Primary Stroke Center Certification Program uses the <i>Recommendations for Primary Stroke Centers</i> , published by the Brain Attack Coalition and American Stroke Association, to evaluate the quality of hospital-provided stroke care.	American Stroke Association http://strokeassociation.org/presenter.jhtml?identifier=3016808
	<i>Health Plan Employer Data and Information Set (HEDIS®)</i>	HEDIS is a set of standardized performance measures designed to ensure that purchasers and consumers have the information they need to reliably compare the performance of managed health care plans.	http://www.ncqa.org/programs/hedis/
	<i>eValue8</i>	eValue8 is an Internet-based tool to help organizations evaluate their benefits programs and improve health care. eValue8 uses standardized questions to gather vendor-specific health care information. The information is analyzed using an automated scoring system that is	National Business Coalition on Health http://www.evalue8.org/eValue8/

		based on best practice standards.	
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Articles Relevant to the State Plan Index

Link to “**Taking the Initiative: Implementing the American Heart Association Guide for Improving Cardiovascular Health at the Community Level: Healthy People 2010 Heart Disease and Stroke Partnership Community Guideline Implementation and Best Practices Workgroup**”
<http://circ.ahajournals.org/cgi/reprint/112/16/2538>

Link to “**Essential Features of a Surveillance System to Support the Prevention and Management of Heart Disease and Stroke: A Scientific Statement from the American Heart Association Councils on Epidemiology and Prevention, Stroke, and Cardiovascular Nursing and the Interdisciplinary Working Groups on Quality of Care and Outcomes Research and Atherosclerotic Peripheral Vascular Disease.**”
<http://circ.ahajournals.org/cgi/reprint/115/1/127?eaf>

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